

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> Rotini & Meatballs with Tomato Sauce & Shredded Mozzarella Cauliflower Seasoned Spinach Fruit Cocktail (681)	<b>1 Fat Tuesday</b> Chicken & Sausage Paella Yellow Rice Fiesta Corn Fruit Punch <i>Marinated Cucumber Salad</i> Chocolate Eclair (796)	<b>2 Ash Wednesday</b> <b>Soup &amp; Salad</b> Broccoli Cheddar Soup <i>Chef Salad with Dressing</i> Carrots Cornbread Fresh Apple <i>Chocolate Milk</i> (976)	<b>3</b> Beef Stew Mashed Potatoes Biscuit Chocolate Mousse (727)	<b>4 Entrée Salad</b> Tuna Macaroni Salad on a Bed of Salad Greens Whole Grain Crackers Frosted Spice Cake (820)
<b>7</b> Turkey a La King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (742)	<b>8</b> Ham Steak with Maple Glaze Scalloped Potatoes Peas Rye Bread Lemon Cake with Frosting (820)	<b>9 Entrée Salad</b> Chicken Caesar Salad Whole Wheat Dinner Rol Baked Pear Crisp (957)	<b>10</b> Breaded Chicken Breast with Tomato Sauce & Shredded Mozzarella over Pasta Wax Beans <i>Chef Salad with Dressing</i> Tropical Fruit <i>Chocolate Milk</i> (693)	<b>11 Soup &amp; Salad</b> Cream of Mushroom Soup <i>Chef Salad with Garbanzo Beans &amp; Dressing</i> Brussel Sprouts Biscuit Fruited Gelatin (663)
<b>14</b> Italian Sausage with Peppers, Onions, and Tomato Sauce on Hot Dog Bun Roasted Potatoes Mixed Vegetables Pineapple (597)	<b>15</b> Chili Con Carne Corn Apple Juice Saltine Crackers Fresh Grapes <i>Chocolate Milk</i> (809)	<b>16</b> Baked Chicken with Lemon Herb Sauce Sweet Potatoes Peas Wheat Dinner Roll Peach Crisp (617)	<b>17 St. Patrick's Day</b> Corned Beef with Cabbage Red Potatoes with Parsley Carrots <i>Marinated Beet &amp; Onion Salad</i> Deli Rye Bread Lime Sherbet (812)	<b>18</b> Vegetable Lasagna with Cream Sauce Cauliflower <i>Chef Salad with Dressing</i> Dinner Roll Frosted Marble Cake (875)
<b>21 Welcome Spring!</b> Cheese Tortellini with Chicken & Vegetable Primavera Sauce Zucchini Medley Parmesan Brussel Sprouts <i>Marinated Tomato Salad</i> Whole Wheat Dinner Roll Italian Ice (603)	<b>22</b> Beef Stew with a Biscuit Harvard Beets Strawberry Bavarian (645)	<b>23</b> Beef Macaroni Casserole California Mixed Vegetables <i>Chef Salad with Dressing</i> Rye Bread Fruit Compote <i>Chocolate Milk</i> (860)	<b>24</b> Roast Turkey with Gravy <i>Molded Cranberry Salad</i> Mashed Potatoes Peas and Carrots Stuffing Frosted Lemon Cake (852)	<b>25</b> Beer-Battered Fish with Tartar Sauce Macaroni and Cheese Green Beans Whole Wheat Dinner Roll <i>Coleslaw</i> Mandarin Oranges (851)
<b>28</b> Cheese Ravioli with Tomato Meat Sauce Peas Summer Squash Medley Italian Bread Peaches (738)	<b>29 New Menu Item!</b> Chicken Shawarma Lemon Green Beans Cauliflower <i>Quinoa Tabbouleh Salad</i> Sugar Cookies (637)	<b>30</b> Roast Beef with Horseradish & Gravy Sweet Potatoes Savory Cabbage Rye Bread Frosted Cherry Cake (811)	<b>31 Entrée Salad</b> Cranberry Chicken Salad on a Bed of Salad Greens Club Crackers Mandarin Oranges <i>Chocolate Milk</i> (718)	<b>1 April Fool's Day</b> Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Orange Juice Warm Biscuit Fresh Fruit Salad S'mores Scramble (825)

Please call the Lancaster Senior center at 716-685-3498 to order. Lunch orders are placed one week ahead.